



Red Hall Primary School

No smoking Policy

Document History	
Originally Written:	August 2014
Updated:	March 2022
By:	SMSC Team
Additional guidance added:	
Approved by Governing Body:	23/03/2022
Next Review Date:	March 2023

Our Ethos

At Red Hall Primary School, we are committed to supporting the emotional health and wellbeing of our whole school community – pupils, staff, parents/carers and governors.

We have worked hard to develop a unique ethos, which puts our children and the staff's well-being at the heart of everything we do. This is what sits at the core of the service we provide at Red Hall Primary School.

We know that everyone experiences life challenges that can make us vulnerable and at times, anyone may need additional emotional support. We take the view that positive mental health is everybody's business and that we all have a role to play.

At our school we:

- help children to understand and manage their emotions and feelings better
- help children and staff to feel comfortable sharing any concerns or worries
- help children socially to form and maintain relationships
- promote self-esteem and ensure children and staff know that they count
- support children to recognise the impact of choices they make
- encourage children and staff to be confident
- help children and staff to develop emotional resilience and to manage setbacks

Introduction

At Red Hall Primary School, we believe that smoking is harmful to health, and so we strongly discourage our children from smoking. Consequently, the school and its grounds are a non-smoking (including vaping) establishment.

Rationale

Research shows that almost a quarter of all young people are regular smokers by the age of 15. Almost all adult smokers took up the habit when they were children. About 450 children a day take up the habit. Smoking is regarded by the medical profession as the major cause of many illnesses. It is estimated that approximately 120,000 smokers a year die in the UK because of their smoking habit. Children can be harmed by passive smoking, i.e. by inhaling smoke from other people's cigarettes. It is known that smoking is harmful to the unborn babies of mothers who smoke. For all these reasons, our school does all it can to discourage children from smoking, and to educate them, so that they grow up to lead a healthy lifestyle.

Aims and objectives

We aim to:

- help children know and understand the dangers of smoking, and the harmful effects that smoking can have on their bodies;
- provide children with the knowledge and information necessary for them to make responsible choices in relation to smoking;
- equip children with the social skills that enable them to resist the pressure to smoke, either from their peer group, or from society in general.

Organisation

We teach children about the dangers of smoking as part of their personal, social and health education (PSHE) programme, with advice and support from the Health Authority. As well as teaching the children about the effects that smoking has on the body, we engage them in discussions about the reasons why people start to smoke, and what they themselves might do if other people encourage them to try cigarettes. The children's class teacher leads all such discussions in a sensitive manner. S/he encourages the children to explore the views of other people, and to reflect on their own personal convictions with regard to smoking. While we explain that it is illegal to sell

cigarettes to people under sixteen years of age, our aim is to help the children make their own decision not to smoke simply because they believe it is the wrong lifestyle to choose.

The dangers of smoking sometimes arise as an issue in science lessons at Key Stage 2, when children learn about the way substances affect the body, e.g. when we teach them about how medicines can help the body. When such an issue arises, the class teacher deals with it in context, and answers the children's questions to the best of his/her ability, taking care to explain that smoking is dangerous, and should be avoided.

Parents may view any of the smoking-related teaching materials that we use in our school.

Staff

We do not allow smoking in the school premises, as we do not want to expose children to passive smoking or present smoking as acceptable. Nor do we wish to present adult smokers as role models. If any member of staff wishes to smoke, s/he must leave the school building. Should we find any member of staff smoking in school, we would consider this a serious breach of the terms of employment.

Monitoring and review

It is the role of the headteacher to ensure that this policy is fully implemented. The governors review this policy as part of their curriculum committee's monitoring of the effectiveness of the school's PSHE programme.