

Darlington Internet Safety Partnership Information for Parents and Carers

Did you know?

- In our recent **Healthy Lifestyle Survey** across Darlington, **5500 children and young people aged 10 – 16** were surveyed on their internet safety use
- On average each young person surveyed used **7 different social media apps**, the vast majority accessing once a day or more
- **30% of primary school and 37% of secondary pupils surveyed have friends online they do not know in person**
- **56% of secondary pupils surveyed have seen something online that has worried or upset them in the last year**
- **81% of primary pupils surveyed play games online**

As a result of this information, the rise in modern technology and social media use, the Darlington Internet Safety Partnership has been created to bring agencies together. There is an action plan to help build digital literacy skills and resilience in all audiences, children, young people, professionals and parents and carers.

We are working with your child's school to offer a range of support and resources including some sessions specific to parents and carers providing up to date, practical information and support on a range of internet based topics. Based on what we know it happening locally!

The menu of support is available below. Please indicate if you would like to attend any of these sessions, delivered by our experts as parts of the Internet Safety Partnership. Please return the form to school and we will be in touch.

Session	Yes I am interested (please tick)
Gaming The content, the consequences and safe management	
Social Media What's what of social media apps, safe management, restrictions and guidance	
Sexting Sharing images, what's legal, what's normal and how to manage this – thinking about your digital footprint	
Cyberbullying What is it, what to do about it, what not to do	
Protecting your identify from fraud and theft	
The impact of the media and modern technology on my child – early messages they are receiving and how to talk about them	

What days / time are best for you to attend:

Name and contact details:

Child's name, school, class: